

# Parents' Newsletter

OXFORD KIDS CAMP, INC.

WWW.OXFORDKIDSCAMP.ORG

SUMMER TWO THOUSAND TWELVE



## OKC Summer Camp 2012

### Camp Dates

#### Monday thru Friday

- Week 1 June 25 - 29 Quest
- Week 2 July 9 - 13 Powwow
- Week 3 July 16 - 20 Plein Air
- Week 4 July 23 - 27 Block Party

### Registration tips

When weeks fill up we establish a waiting list. Parents and grandparents need to have backup dates/weeks that their campers can attend if their first choice is not available.. You should also know which weeks your camper registrants cannot attend

### News about Summer 2012

This summer we will be back in the Oxford Town Park.

### Camp Hours — 8:30 to 3:30

Morning circle begins promptly at 8:30. You need to arrive at Camp on time, earlier if possible.

**Bikes** left overnight must be locked & put in 'designated' area.

### Lunches & Happy, Healthy Campers

Your Camper's lunch and beverage must be packed in an insulated soft bag (no substitutes). Lunches made up of wholesome and delicious **real foods**, are a must!!! Sweets and junk foods are not the foundation of a healthy lunch (unless, of course they are home made). It's summer--fresh fruits and vegetables are available and yummy!



### Handy Lunch Tips

- \* Have your camper(s) participate in making and packing their lunch(s)
- \* Pack lunches the night before to avoid rushing in the morning
- \* For a cold drink - we encourage milk for its staying power (protein) or water. At night fill drink container 1/3 full, freeze and top off in the morning
- \* Let your camper(s) know eating their lunch is essential for a powerful and peppy body

### “Pack it in, pack it out”

Campers will bring home uneaten food, recyclables, and trash. We are ever mindful of waste and believe in protecting our Planet — “Reusable” food & beverage containers are the OKC way!!!

### Getting enough sleep & eating a good breakfast

Please don't neglect these two. Adequate sleep (10 - 11 hours) and a good breakfast (not a mere bowl of cold cereal) are your assurance of happy, energetic campers.



Is your camper's bike in excellent repair and sized correctly?

Refer to OKC Bicycle Help Sheet

## Camp & Swimming Attire 2012

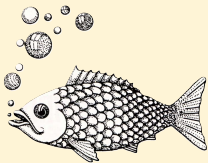
Because we will not have changing facilities campers must wear quick-dry clothing, i.e., shorts and tops made of synthetics that will air dry on the body for play and swimming.



An afternoon swim in the Bay is especially fun and cooling when summer temperatures soar (in case you forgot, last summer was extremely hot). Campers need to be prepared to participate in the Bay swim.



Campers will only be excused from cooling off in the Bay for health reasons. If your camper has a health reason for not swimming, a parent's note is required to inform us.



### Where we swim

The Talbot County Health Department tests the water before the start of camp to determine if conditions are safe for the swimming beach the camp uses.

### Appointments and other situations that take campers away from camp:

It is disruptive when campers are here one day and gone the next or are only present for part of the camp day. Morning skill, afternoon team sports, and weekly projects are dependent on the campers being present. Many camp activities will take us away from the Park and we do not have staff to chaperone children with a variety of scheduling demands. We would appreciate it if you can make physician, dentist, tutoring, any type of lessons (golf, music, horseback, etc.), and family day trips for non camp hours, weekends, and after your child's camp session.

### Prescriptions:

If your child needs to take a prescription drug during the hours of camp, we are very happy to administer the medicine, however, the State of Maryland requires that we have the list of side effects from the pharmacy on file. Please bring pharmacy directions on how to administer the medicine and list of side effects when you bring your child's medicine to camp.



### August camping trip

campers 10 years and older may sign up

Dates: August 5-10  
Cost: \$80

sign up w/ Ms. Jenny

## Camping out

We love sleeping under the stars and enjoying the fun and camaraderie of camper friends. Encourage your camper to experience these over night adventures.

### All-Camp Out - Friday, July 20

Campers eight and older are invited to participate in this annual event. However, we do advise young campers who are unsure of their desire to sleep out-of-doors and be away from the comforts of home, and Mom and Dad, to wait. Going home is not an option.



### Our Shoe Policy

OK campers and counselors wear closed-toe shoes. Open toe, backless sandals, Crocs and flip flops are **ABSOLUTELY FORBIDDEN !!!**

We're not kidding!



Water shoes are required for sailing, canoeing, nature, and the afternoon 'free swim' in the Bay. Water shoes are only worn for these activities; they are not sturdy enough for running and sports, and their open toes make them extremely dangerous for bicycling.

### Week 3

### Plein Air OKC



Friday, July 20 12:30 to 2:30

Oxford Town Park

Be sure to put this date in your calendar. Bring the whole family and friends. Join in the fun! Art projects for all ages and abilities.

**Please Note: Campers help clean up after the event and will not be able to leave camp until 3:30 PM.**



### Information questions pictures...

OXFORDKIDS  
CAMP.ORG

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Director  
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## OKC Block Party

Friday, July 27

6-9:30 PM

You're invited!

The annual OKC dance is a Park Party. Everyone is invited. Directors and counselors are chaperones.  
Oxford Town Park